

Okay, this sounds really stupid, but ...

written by Holly
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By Holly Lisle

I've come up with the perfect writer's exercise. The Thigh-Master, or any of its even-cheaper clones, is just **it**.

Writing is a brutally sedentary activity. But you do it sitting down – and you use the Thigh-Master sitting down. And you can sit, and write, and exercise all at the same time, and do at least **something** to fight off the total decline of your body even as you're working. It's great.

And you can feel morally superior for doing two great things at the same time. ::smug, smug, smug::

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