# Container Universes and Create A World Clinic #wabwm

written by Holly
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By Holly Lisle

After very difficult last two weeks, where I was overhauling the major part of the HowToThinkSideways.com site, it was sheer joy to get back to writing **Create A World Clinic**. And while I didn't set the world on fire, I did get 802 words, and the first two sections of the **Container Universe** chapter done.

Also dressed up this place for spring. 

Some stress-related health issues hit over the weekend. They'd be a problem if I let them be. I'm not going to. I've started taking better care of myself: I'm taking breaks, working fewer hours, exercising more, sleeping more.

I'll still get everything done. Just not at the frenzied pace of previous years.

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