A Sky Full of Stars: Hyperparathyroidism versus the Writer

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March 28, 2016
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On Saturday, something happened as a result of the parathyroidectomy that was totally unexpected.

My spontaneous story ideas came back.



I hadn’t even noticed they were gone.

I’ve been working hard for the past couple of years trying to get the site fixed, I’ve been under a lot of strain both physically and financially, and my processes for creating fiction without having an idea in mind actually work, and I really do use them, so I was still creating (the Longview stories were all written from those techniques).

I didn’t think about the fact that I didn’t have spontaneous story ideas anymore. Unlike most fiction writers, I’m not dependent upon random ideas for my work.

So I didn’t notice when they disappeared.

But Saturday the mental clouds rolled away and suddenly things

that I saw and heard and experienced began sending little pings to my right brain again, and my right brain began building them into little spontaneous stories and sending them across the corpus callosum to the left brain again.

And because it had been a long time since this had happened, it felt like suddenly seeing a sky full of stars.

So add as a symptom of hyperparathyroidism: Spontaneous story ideas disappear.

If you’re a writer and your ideas have disappeared, consider getting your calcium and PTH levels checked. You might be able to get them back.

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